



# It Came From Within

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Envy

September 13, 2020

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Do not fret because of evildoers, Be not envious toward wrongdoers.

<sup>2</sup>For they will wither quickly like the grass, And fade like the green herb.

<sup>3</sup>Trust in the Lord and do good; Dwell in the land and cultivate faithfulness.

<sup>4</sup>Delight yourself in the Lord; And He will give you the desires of your heart.

<sup>5</sup>Commit your way to the Lord, Trust also in Him, and He will do it.

<sup>6</sup>He will bring forth your righteousness as the light and your judgment as the noonday

<sup>7</sup>Rest in the Lord and wait patiently for Him; Do not fret because of him who prospers in his way,  
Because of the man who carries out wicked schemes

- Psalm 37:1-7 (ESV)

## What is Envy?

### The Problem With Envy:

Envy shows \_\_\_\_\_ with God

Envy denies your \_\_\_\_\_

Envy divides your \_\_\_\_\_

Envy leads to other \_\_\_\_\_

## How to Defeat Envy:

Get the right \_\_\_\_\_  
*Psalm 37:1-2*

\_\_\_\_\_ In the Lord  
*Psalm 37:3*

\_\_\_\_\_ Yourself in the Lord  
*Psalm 37:4*

\_\_\_\_\_ Your way to the Lord  
*Psalm 37:5*

\_\_\_\_\_ In the Lord  
*Psalm 37:7*

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The cure for the sin of envy and jealousy  
is to find our contentment in God.

- Jerry Bridges